

APPLICATION FORM

**RLSS National Rescue Award for
Swimming Teachers and Coaches**

Alderman
Training

Lifeguard & First Aid training courses

NAME

ADDRESS

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.....

D.O.B

TEL NO (H).....**(W)**.....
(W).....

E MAIL ADDRESS

MEDICAL PROBLEMS.....

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.....

ANY LIFESAVING EXP

.....

COURSE DATE PREFERED

.....

**I Agree to attend every session, otherwise I will not
qualify for Assessment.**

Signature **Date**

The Cost of the course is £140. (This Includes Books and Assessment Fee).
(Cheques payable to M Alderman). Please send payments to: Alderman
Training, 22 Spencer Drive, Lee on the Solent, Hampshire, PO13 8HG